



# Klubbmästerskap

## Styrkelyft

2010-01-09



Licens	Kr. vikt	Sinclair	Namn	Klubb	Knäböj			Bänkpress			Marklyft			Godk. Knäb	Godk. Bänk	Godk. Mark	Smlgt	Poäng	Plac
930914	63,20	0,8144	Tobias Karlsson	Kalmar Ak				55,0	60,0	62,5					60,0		60,0	48,86	1
720616	72,60	0,7293	Christer Kedmalm	Kalmar Ak	140,0	150,0	150,0	117,5	125,0	127,5	170,0	180,0	190,0	150,0	125,0	190,0	465,0	339,12	1
950505	74,85	0,7132	Simon Karlsson	Kalmar Ak	135,0	150,0	157,5	67,5	75,0		140,0	162,5	162,5	150,0	75,0	162,5	387,5	276,37	2
880429	78,25	0,6922	Rami Waleed	Jönköping SK	147,5	150,0	152,5	100,0	102,5	105,0	175,0	185,0	190,0	150,0	105,0	190,0	445,0	308,03	1
900212	80,65	0,679	Adam Björling	Kalmar Ak	115,0	130,0	135,0	95,0	105,0	112,5	195,0	205,0	210,0	130,0	105,0	210,0	445,0	302,16	2
810818	77,75	0,6951	Lasse ten Siethoff	Kalmar Ak	130,0	135,0	140,0	95,0	100,0	102,5	170,0	175,0	180,0	140,0	100,0	180,0	420,0	291,94	3
940304	77,9	0,6945	Spiros Strachinis	Kalmar Ak	90,0	95,0	102,5	60,0	67,5	72,5	110,0	120,0	125,0	102,5	72,5	125,0	300,0	208,35	4
920403	88,75	0,6428	Erik Gunhamn	Kalmar Ak	225,0	240,0	250,0	110,0	120,0	125,0	230,0	240,0	240,0	250,0	120,0	240,0	610,0	392,11	1
900504	83,10	0,6670	Andreas Fransson	Kalmar Ak	180,0	190,0	195,0	105,0	110,0	115,0	200,0	220,0	230,0	190,0	115,0	220,0	525,0	350,18	2
930707	87,05	0,6495	Henrik Andersson	Lessebo	130,0	140,0	150,0	80,0	90,0	100,0	140,0	155,0	165,0	140,0	90,0	155,0	385,0	250,06	3
861211	85,70	0,6553	Jesper Jonsson	Kalmar Ak	120,0	120,0	125,0	100,0	105,0	107,5	120,0	130,0	140,0	125,0	105,0	140,0	370,0	242,46	4
610423	86,85	0,6503	Håkan Johansson	Kalmar Ak	90,0	95,0	110,0	90,0	95,0	95,0	150,0	165,0	175,0	95,0	95,0	175,0	365,0	237,36	5
920304	86,95	0,6499	Mattias Rundqvist	Kalmar Ak	80,0	100,0	110,0	70,0	80,0	90,0	140,0	160,0	175,0	110,0	80,0	175,0	365,0	237,21	6
830312	96,05	0,6188	Joe Johansson	Lessebo	180,0	190,0	200,0	145,0	150,0	157,5	240,0	260,0		200,0	150,0	260,0	610,0	377,47	1
560205	96,40	0,6180	Tommy Karlsson	Kalmar Ak	215,0	230,0	230,0	140,0	150,0	155,0	200,0	220,0		230,0	150,0	220,0	600,0	370,80	2
860605	93,50	0,6266	Per Holmqvist	Lessebo	170,0			120,0	130,0	140,0	180,0	200,0	225,0	170,0	140,0	225,0	535,0	335,23	3
640328	100,60	0,6071	Björn Wennerström	Kalmar Ak	150,0	165,0	175,0	120,0	125,0	130,0	170,0	185,0	200,0	175,0	130,0	185,0	490,0	297,48	1

Tävlingsledare	Domarbok nr	Huvuddomare	Domarbok nr	Tidtagare	Domarbok nr
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Teknisk kotrollant	Domarbok nr	Sidodomare	Domarbok nr	Sekreterare	Domarbok nr
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Speaker	Domarbok nr	Sidodomare	Domarbok nr		
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